



ULUSLAR ARASI TOPLANTI SONUÇ RAPORU

Toplantı Konusu: FTL-WG

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Katılım Listesi: Tefik ZEHNİ, Hazal Naz MUTLU

Hazırlayan: Hazal Naz MUTLU

ÖZET

1 Tour the table

- Each MA's representative sharing the top issues that they are facing now in their airline or country.
- Expectations from ECA and EASA and samples for the solutions to these problems in other airlines.
- General topics

Fatigue

FRMS and FSAG implementation issues

Controlled Rest on flight deck

Reporting the fatigue and controlled rest

And also the risks of normalizing the controlled rest are discussed and explained as it might support the RCO (Reduced Crew Operation) supporters case. So, they can claim "operations are already conducted as a single pilot"

2 EASA FTL /FRM Inspectors Checklist

It is a tool to be used by NCA (National Civil Authority) . It is MA's responsibility to make sure NCA is using the C/L

Amendments to the checklist are presented.

Implementing the checklist for the pilot awareness and increasing the usage was discussed.

3 GUEST SPEAKER SEBASTIAN GAL

EASA FAQ about eLearning

- eLearning is a duty so the time spent on training task constitutes as a DUTY PERIOD.
- An adequate number of hours and period of time to enable a successful fulfillment

4 FTL SOFT LAW CHANGES (NPA 2023 -103)

- The night time and late finish duty description and coverage to be added ORO FTL 205
- Appropriate FRM definition added.

ECA Proposals:

- Inclusion of an early duty start
- Upgrade of FRM applicability from GM (Guidance Material) level CS (Certification Specification)
- Definitions for night and late finish duties.
- Removal of prior sleep-wake model.



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5 Presentation by Paul Cullen , Cpt Air Lingus , Human Factors Research Associate at Trinity College /Dublin
.’ “An examination of the relationship between psychological hazards and burnout among pilots”

- Incorporating the psychological health and safety into SMS.

Studies on Pilot Mental Health

-12.6% of pilots having Depression (Harvard -2016)

-40% Burnout (Demerouti/Balpa-2018)

-17% depression %35 burnout (Trinity College -2021)

Similarities of chronic fatigue and burnout.

Discussion and study results on how burnout leads to all work related health problems like sleep disorders, digestive system , cardiovascular system etc .

SONUÇ VE ÖNERİLER:

1. The FRMS system needs more input to generate an accurate outcome. So it should be encouraged to fill fatigue reports among the pilots.

- Explaining the importance of the reports and making reminders on magazines may be helpful. How to fill or when to fill an ASR report for fatigue can be explained or reminded on monthly magazines

- Time to fill the report can be reduced or filling the report can be made easier

- Alternative reports might be helpful. (Swiss has a procedure called Alertness report that you only rate your alertness level after flight with one question.)

- Fatigue coding on a roster can be added. Also, it can help to track fatigue even if there are no filled reports.

2. Controlled Rest

- The procedure itself cannot be accepted as a normal procedure.

- It is defined and explained in OM-A 8.3.10.3 but does not include a requirement to fill fatigue report after a controlled rest. TALPA can get in touch with airline managements to encourage them to make a mandatory reporting procedure.

- ‘Unfit call line ‘can be used by airlines for pilots who wants to get a sick leave for fatigue so in this way they can avoid the whole procedure in some cases.

3. Inspector checklist

- TALPA can check if the DGCA has been using the C/L, if not attempts to promote the usage can be made.

- FSAG groups of airlines can be informed about the C/L.